

Even though the brand is called One A Day, none of them actually should be taken one a day

 devblogs.microsoft.com/oldnewthing/20180613-01

June 13, 2018



Raymond Chen

I submit for your consideration [One A Day Teen for Her VitaCraves Gummies](#). According to the product packaging, the serving size is “2 daily.”

Indeed, of all the *One A Day* vitamins listed on that page, none of them has a serving size of one.

“One a day, for large values of one.”¹

¹ Or small values of day.

[Raymond Chen](#)

Follow

